

30.04.2024

Hedgehogtri

Dear Paul,

Thank you for submitting your request for a rule exemption request relating to wetsuit usage at higher water temperatures at the below events:

- Ardingly - Swim the Lake - (Alpha) – 05.06.2024
- Ardingly – Swim the Lake – (Beta) – 17.07.2024

Based on the on the below additional mitigation being implemented, the Technical Committee have approved that British Triathlon Competition Rule 4.2.a is amended to state that wetsuits are optional and/or mandatory up to 22°C, beyond this they are banned.

<b>Before the athletes enter the water:</b>	<b>When the athletes exit the water:</b>
Swim hats not worn until competitors enter the water	Provision of drink station at swim exit
Wetsuits not zipped up until competitors enter the water	Space at swim exit for competitors to roll wetsuits down
Provision of shade at the water's edge	Potentially enhanced medical provision at swim exit
Enhanced competitor information	Provision of shade at water's edge

This exemption is valid for events taking place in 2024 only.

Please keep this letter as evidence that can be provided to the Technical Official and competitors who may have any queries. Should you have any further questions on this please do not hesitate to contact us.

Kind regards,

Josh Kirk  
Official and Coach Development Coordinator

on behalf of  
British Triathlon Technical Committee